

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>MARCH 2024</h1>						
3 9:00 Church Services 11:30 Communion 2: Root Beer Floats ACTIVITY CART	4 10:00 Noodle Ball 11:00 Parachute 1:30 BINGO 3:00 Music With Susan 4:00 Games	5 10:00 Stretch & Tone 11:00 Lunch Outing 1:30 Cards 3:00 Thor Pet visit 4:00 Air Hockey	6 10:00 Noodle Ball 11:00 Exercise 1:30 Shine Bus Ride 2:30 Drum Fit 3:30 Crafting 4:00 Trivia	7 Catholic Communion 10:00 Sit & Be Fit 11:00 Move 2 Music 1:30 Bingo 4:00 Painting	8 10:00 Fun & Fitness 11:00 Chair Exercises 2:00 Mystery Ride 3:30 Games 6:00 Movie & Popcorn	9 1:00 Fun with Friends 2:00 Travel Cape Verde 3:30 Ice Cream Social 6:00 Movie
10 9:00 Church Services 11:30 Communion 2:00 Root Beer Floats ACTIVITY CART Daylight Saving Time Begins	11 10:00 Noodle Ball 11:00 Parachute 1:30 BINGO 3:00 Music With Susan 4:00 Word in Word	12 10:00 Twist & Shout 11:00 Kick Up Your Heels 1:00 Minute 2 Win it 3:00 Thor Pet Visits	13 10:00 Lets Take A Walk 11:00 singing to oldies 1:00 Crafting 4:00 Word Search	14 Catholic Communion 10:00 Sit & Be fit. 11:00 Twist & Shout 4-6p Family Appreciation Dinner	15 10:00 Exercise 11:00 Lets Take A Walk 1:30 Mystery Ride 3:30 Air Hockey 4:00 Shamrock Drinks 6:00 Movie & Popcorn	16 1:00 Fun with Friends 2:00 Travel to Zambia 3:30 Ice Cream Social 6:00 Movie
17 9:00 Church Services 11:30 Communion 2p-4p Crafting With Madeline 4:00 Root Beer Floats ACTIVITY CART St. Patrick's Day	18 10:00 Swinging to Seventies 11:00 Exercise 1:30 Bingo 3:00 Music with Susan 4:00 Gardening	19 10:00 Rock N Roll 11:00 Exercise 1:30 Painting 3:00 THOR Pet Visits 4:00 putt putt golf Spring Begins	20 10:00 Exercise 11:00 Resident Council 1:30 SHINE Bus Ride 3:00 Brain Teasers 4:00 Connect Four	21 Catholic Communion 10:00 Exercise 11:00 Noodle Ball 1:30 Bingo 3:00 Scrabble 4:00 Strolls	22 10:00 Yoga 11:00 Moving To Oldies 1:30 Mystery Ride 3:00 Banana Splits 6:00 Movie & popcorn	23 1:00 Fun with Friends 2:00 Travel To Spain 3:30 Ice Cream Social 6:00 Movie
24 9:00 Church Services 11:30 Communion 2:00 Root Beer Floats ACTIVITY CART Palm Sunday	25 10:00 Swinging to Seventies 11:00 Exercise 1:30 Bingo 3:00 Music with Susan 4:00 Strolls	26 10:00 Move & Groove 11:00 Body In Motion 1:30 Hang Man 3:00 Thor Pet Visits 4:00 Who,What,Where	27 10:00 Exercise 11:00 Exercise 1:30 Drum Fit 3:00 Trivia 4:00 Games	28 Catholic Communion 10:00 Move Your Hips 11:00 Noodle Ball 1:30 Bingo 3:00 Scrabble 4:00 puzzles	29 10:00 Yoga 11:00 Moving To Oldies 1:30 Egg dying 2:00 Easter Egg Hunt 4:00 Porch Chats	30 1:00 Fun with Friends 2:00 Travel To Europe 3:30 Ice Cream Social 6:00 Movie
31  Easter Sunday						

Purple = Memory Care Activity; Green = Assisted Living Activity ; Blue = Both AL & MC / Activities Subject To Change