

# October 2021, Events & Activities

*Sunday*

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

*Saturday*

<p>Activities are Subject to Change For Questions Regarding Activities Please see Becky or Debby</p> <p>Due to COVID Guidelines Please practice physical distancing during Group Activities</p>	<p><b>Location Key</b> EC - Exploration Center L - Library V - Veranda DR - Dining Room PDR - Private Dining Room W - Wellness Center 1,2,3 - Floor Lounge SC - Serenity Cove</p>			<p><i>Happy Birthday!!</i></p> <p>Mary Ann Z. Lidia J. Bidly B. Susan R.</p> <p>Nancy W. Evelyn L. Estelle D. Kenneth N.</p>		
<p><b>3</b></p> <p>9:30 Get Movin w/Stan - W 10:00 <b>PCF Christian Service</b> - L 11:00 Trivia Time w/Stan - L 1:45 Casino Games w/Stan - EC 3:30 Games with Friends - EC 6:00 Sunday Night at the Movies - L</p>	<p><b>4</b></p> <p>9:30 Smile, Breathe, Move &amp; Laugh w/Becky - W 10:00 Positively Perfect Moves w/Becky - W 11:00 Happiest Day of My Life Reminiscing w/Becky - L 2:00 <b>Texas Holdem w/Trilogy</b> - EC 3:00 <b>Healthy Snack w/Becky</b> - L 6:00 Thursday Night Movie - L</p>	<p><b>5</b></p> <p>9:30 Put Your Best Foot Forward w/Debby - Lobby 10:30 Positively Perfect Moves w/Becky - W 11:00 God of Creation Bible Study w/Debby - L 2:00 Neurobics w/Becky - EC 3:00 Bingo w/Debby - EC 4:00 Games with Friends - EC 6:00 Tickle Me Tuesday - L</p>	<p><b>6</b></p> <p>9:30 Stop by for a Compliment -EC 10:00 Positively Perfect Moves w/Becky - W 11:00 Celebrations Café w/Debby - EC 1:00 So Dramatic w/Debby - L 2:00 New Resident 101 Class w/Becky - L 3:00 Positivity Art w/Debby - EC 6:00 Wednesday Night Movie - L</p>	<p><b>7</b></p> <p>9:00 Walmart - Lobby 10:00 Positively Perfect Moves w/Becky - L 10:30 Walmart - Lobby 11:00 Uplifting Hymn Sing w/Debby -L 1:00 Harvest Sampling w/Becky &amp; Debby (<b>Pumpkin Surprise</b>) - L 3:00 Bingo w/Debby - EC 6:00 Thursday Night Movie - L</p>	<p><b>1</b></p> <p>9:30 Positively Perfect Moves w/Becky - W 10:00 Celebrations Café w/Kathy - EC 11:00 Ring-a-brew w/Kathy - EC 1:00 October Fest Doc./Discussion w/Kathy - L 2:30 Happy Hour/<b>Beer Tasting</b> - DR <b>Harmony Lane</b> 4:00 Uno Club - EC 6:00 <b>Sound of Music</b> - L</p>	<p><b>2</b></p> <p>9:30 Groovin Movin w/Debby - W 10:00 Word in a Word w/Debby - EC 11:00 A Rhyme in Time w/Debby - EC 2:00 Snack Chat w/Debby - EC 3:00 Bingo w/Debby - EC 6:00 Saturday Night Movie - L</p>
<p><b>10</b></p> <p>9:30 Get Movin w/Stan - W 10:00 <b>PCF Christian Service</b> - L 11:00 Boggle w/Stan - EC 1:45 Casino Games w/Stan - EC 3:30 Games with Friends - EC 6:00 Sunday Night at the Movies - L</p>	<p><b>11</b></p> <p>9:30 Smile, Breathe, Move &amp; Laugh w/Becky - W 10:00 Positively Perfect Moves w/Becky - W 11:00 Neurobics w/Becky - L 2:00 <b>Resident Council w/President</b> - EC 3:00 Wii Bowling w/Becky - L 4:00 Hand &amp; Foot Club - EC 6:00 Thursday Night Movie - L</p>	<p><b>12</b></p> <p>9:30 Put Your Best Foot Forward w/Debby - Lobby 10:30 Positively Perfect Moves w/Becky - W 11:00 God of Creation Bible Study w/Debby - L 2:00 Smile, Breathe, Move, Laugh w/Becky - EC 3:00 Bingo w/Debby - EC 4:00 Games with Friends - EC 6:00 Tickle Me Tuesday - L</p>	<p><b>13</b></p> <p>9:30 Stop by for a Compliment -EC 10:00 Positively Perfect Moves w/Becky - W 11:00 Celebrations Café w/Debby - EC 1:00 Chinese Checkers w/Debby - L 2:00 Hand &amp; Foot Club - EC 3:00 Artist Corner w/Debby - EC 6:00 Wednesday Night Movie - L</p>	<p><b>14</b></p> <p>9:00 Walmart - Lobby 10:00 Positively Perfect Moves w/Becky - L 10:30 Walmart - Lobby 11:00 Uplifting Hymn Sing w/Debby -L 1:00 Harvest Sampling w/Becky &amp; Debby (<b>Baked Apples</b>) - EC 3:00 Bingo w/Debby - EC 6:00 Thursday Night Movie - L</p>	<p><b>15</b></p> <p>9:30 Positively Perfect Moves w/Becky - W 10:00 Superfoods: is Healthy Foods Just Hype Doc./Discussion w/Becky - L 11:00 Celebrations Café w/Debby - EC 2:30 Happy Hour - DR <b>Mark Fitzpatrick</b> 4:00 Uno Club - EC 6:00 Friday Night Flick - L</p>	<p><b>16</b></p> <p>9:30 Groovin Movin w/Debby - W 10:00 Positive Quotes w/Debby - L 11:00 In a Word w/Debby - EC 2:00 Poetry Prose w/Debby - EC 3:00 Bingo w/Debby - EC 6:00 Saturday Night Movie - L</p>
<p><b>17</b></p> <p>9:30 Get Movin w/Stan - W 10:00 <b>PCF Christian Service</b> - L 11:00 Entertainers on Stage w/Stan - L 1:45 Casino Games w/Stan - EC 3:30 Games with Friends - EC 6:00 Sunday Night at the Movies - L</p>	<p><b>18</b></p> <p>9:30 Smile, Breathe, Move &amp; Laugh w/Becky - W 10:00 Positively Perfect Moves w/Becky - W 11:00 YouTube: Peak Fall Foliage Reminiscing w/Becky - L 2:00 <b>Resident Council</b> - EC 3:00 Wii Bowling w/Becky - L 6:00 Thursday Night Movie - L</p>	<p><b>19</b></p> <p>9:30 Put Your Best Foot Forward w/Debby - Lobby 10:30 Positively Perfect Moves w/Becky - W 11:00 God of Creation Bible Study w/Debby - L 2:00 Neurobics w/Becky - EC 3:00 Bingo w/Debby - EC 4:00 Games with Friends - EC 6:00 Tickle Me Tuesday - L</p>	<p><b>20</b></p> <p>9:30 Stop by for a Compliment -EC 10:00 Positively Perfect Moves w/Becky - W 11:00 Celebrations Café w/Debby - EC 1:00 Sequence w/Debby - L 2:00 Hand &amp; Foot Club - EC 3:00 Artist Corner w/Debby - EC 4:00 Fall Riddles w/Debby - L 6:00 Wednesday Night Movie - L</p>	<p><b>21</b></p> <p>9:00 Walmart - Lobby 10:00 Positively Perfect Moves w/Becky - L 10:30 Walmart - Lobby 11:00 Uplifting Hymn Sing w/Debby -L 1:00 Harvest Sampling w/Becky &amp; Debby - EC (<b>Zucchini &amp; Cheese Drop Biscuits</b>) 3:00 Bingo w/Debby - EC 6:00 Thursday Night Movie - L</p>	<p><b>22</b></p> <p>9:30 Positively Perfect Moves w/Becky - W 10:00 Break the Addiction to Negative Thoughts Doc./Discussion w/Becky - L 11:00 Celebrations Café w/Debby - EC 1:00 <b>Decorate Pumpkins w/Kathy</b> - EC 2:30 Happy Hour - DR <b>Sweet Harmony</b> 4:00 Uno Club - EC 6:00 Friday Night Flick - L</p>	<p><b>23</b></p> <p>9:30 Put Your Best Foot Forward w/Debby - Lobby 10:00 Groovin Movin w/Debby - W 11:00 You Be The Judge w/Debby - L 2:00 Name That Tune w/Debby - L 3:00 Bingo w/Debby - EC 6:00 Saturday Night Movie - L</p>
<p><b>24</b></p> <p>9:30 Get Movin w/Stan - W 10:00 <b>PCF Christian Service</b> - L 11:00 Trivia Time w/Stan - L 1:45 Casino Games w/Stan - EC 3:30 Games with Friends - EC 6:00 Sunday Night at the Movies - L</p>	<p><b>25</b></p> <p>9:30 Smile, Breathe, Move &amp; Laugh w/Becky - W 10:00 Positively Perfect Moves w/Becky - W 11:00 Word in a Word w/Becky - L 2:00 <b>Trivia Time w/Trilogy</b> - EC 3:00 Wii Bowling w/Debby - L 4:00 Hand &amp; Foot Club - EC 6:00 Thursday Night Movie - L</p>	<p><b>26</b></p> <p>9:30 Put Your Best Foot Forward w/Debby - Lobby 10:30 Positively Perfect Moves w/Becky - W 11:00 God of Creation Bible Study w/Debby - L 2:00 Smile, Breathe, Move, Laugh w/Becky - EC 3:00 Bingo w/Debby - EC 4:00 Games with Friends - EC 6:00 Tickle Me Tuesday - L</p>	<p><b>27</b></p> <p>9:30 Stop by for a Compliment -EC 10:00 Positively Perfect Moves w/Becky - W 11:00 Celebrations Café w/Debby - EC 1:00 Yahtzee w/Debby - L 2:00 <b>Tea Cup &amp; Saucer Bird Feeders w/Becky</b> - EC 3:00 Positivity Art w/Debby - EC 6:00 Wednesday Night Movie - L</p>	<p><b>28</b></p> <p>9:00 Walmart - Lobby 10:00 Positively Perfect Moves w/Becky - L 10:30 Walmart - Lobby 11:00 <b>Trick or Treat w/Kindergarten Prep School</b> - L 3:00 Bingo w/Debby - EC 4:00 <b>That's Amore Pasta Night</b> - DR 6:00 Thursday Night Movie - L</p>	<p><b>29</b></p> <p>9:30 Positively Perfect Moves w/Becky - W 10:00 How to Keep Your Brain Healthy Doc./Discussion w/Becky - L 11:00 Celebrations Café w/Debby - EC 2:00 Bootiful Dreamers w/Debby - L 4:00 <b>BOO Bash w/Harmony Lane</b> - DR 6:00 <b>BOO Bash w/Harmony Lane</b> - DR</p>	<p><b>30</b></p> <p>9:30 Start you Day Smiling w/Debby - W 10:00 Groovin Movin w/Debby - W 11:00 Words of Wisdom w/Debby - L 2:00 Cookie Decorating w/Debby - EC 3:00 Bingo w/Debby - EC 6:00 Saturday Night Movie - L</p>
<p><b>Happy Halloween!!!</b></p> <p><b>31</b></p> <p>9:30 Get Movin w/Stan - W 10:00 <b>PCF Christian Service</b> - L 11:00 Trivia Time w/Stan - L 1:45 Casino Games w/Stan - EC 3:30 Games with Friends - EC 6:00 <b>Spooky</b> Night at the Movies - L</p>			<p><b>Dominoes Club Every Night in the Exploration Center 7:00 pm</b></p>			

# Serenity Cove October 2021, Events & Activities

*Sunday*

*Monday*

*Tuesday*

*Wednesday*

*Thursday*

*Friday*

*Saturday*

<p>Activities are Subject to Change For Questions Regarding Activities Please see Becky or Debby</p> <p>Due to COVID Guidelines Please practice physical distancing during Group Activities</p>	<p><b>Location Key</b>  <b>MZ-Mozart Room</b>  <b>MN-Monet Room</b>  V - Veranda  <b>FP Lounge</b>  <b>DR-Dining Room</b>  <b>MB-Main Building</b>  <b>A-K Kitchen</b>  <b>B-K kitchen</b></p>		<p><i>Happy Birthday!!</i></p>			
<p>10:00 Chair Exercises w/staff-MZ <b>3</b>  10:30 Hymn Sing-along-FP  12:00 <b>Organ Music w/Stan - MZ</b>  1:00 Arts &amp; Crafts w/Staff-MN  2:00 Towel Art w/Staff -MN  3:00 Ball Toss w/Staff -FP  6:00 Turner Classic Movies-FP</p>	<p>10:00 Stretch n-Flex w/staff -MZ <b>4</b>  10:30 Music &amp; Motion w/staff-MZ  12:30 Board Games w/staff-MN  2:00 Aromatherapy w/staff -MN  6:00 Coloring Madness-MN</p>	<p>10:00 Move to the Music w/Debby - MZ <b>5</b>  12:30 Walking Club w/Staff  2:00 Up-Beat Drumming w/Debby - MZ  3:00 Manicures w/staff-MN  6:00 Bean Bag Toss w/staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>6</b>  12:30 Current Events w/staff  2:00 Color Calm w/Staff MN  3:00 Bingo Madness w/staff -MN  6:00 Hallmark movie Night staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>7</b>  12:30 Let's Golf w/staff-MN  2:00 Harvest Sampling (Pumpkin) w/Debby - A-K  3:00 Noodle Ball w/Staff -MZ  6:00 Sing-a-long w/staff -FP</p>	<p><b>1</b>  9:00 Joy Ride w/Staff - MB Lobby  10:00 Move to the Music/Debby - MZ  12:30 Music Circle w/staff -MZ  2:30 Happy Hour w/Staff -MBDR  6:00 Ice Cream Social w/staff B-K</p>	<p><b>2</b>  10:00 Music &amp; Motion w/staff-FP  12:30 Painting with a twist w/Staff-MN  2:00 Ball Toss w/staff-MZ  3:00 Conversation Cards w/staff-  6:00 Ice Cream Social -A-K  7:00 Movie Night-FP</p>
<p>10:00 Chair Exercise w/Staff-MZ <b>10</b>  10:30 Hymn Sing-along-FP  12:00 <b>Organ Music w/Stan-MZ</b>  1:00 Arts &amp; Crafts w/Staff-MN  2:00 Towel Art w/Staff-MN  3:00 Ball Toss w/Staff-FP  6:00 Turner Classic Movies-FP</p>	<p>10:00 Stretch n-Flex w/staff -MZ <b>11</b>  10:30 Music &amp; Motion w/staff-MZ  12:30 Board Games w/staff-MN  2:00 Aromatherapy w/staff -MN  6:00 Coloring Madness - MN</p>	<p>10:00 Move to the Music w/Debby - MZ <b>12</b>  12:30 Walking Club w/Staff  2:00 Crafting Creations w/Debby-MN  3:00 Manicures w/staff-MN  6:00 Bean Bag Toss w/Staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>13</b>  12:30 Current Events w/Staff  2:00 Color Me Calm w/Staff  <b>3:00 Happy Birthday Nancy White</b>  6:00 Hallmark Movie Night w/Staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>14</b>  12:30 Let's Golf w/Staff-MN  2:00 Ring a Rythm w/Debby - MZ  3:00 Noodle Ball w/staff  6:00 Sing-a-long w/staff-FP</p>	<p><b>15</b>  9:00 Joy Ride w/Staff - MB Lobby  10:00 Move to the Music/Debby - MZ  12:30 Music Circle w/Staff -MZ  <b>3:00 Happy Birthday Lidia Jacynicz</b>  6:00 Ice Cream Social w/staff-B-K</p>	<p><b>16</b>  10:00 Music &amp; motion w/staff  12:30 Painting with a Twist w/Staff-MN  2:00 Ball Toss w//Staff-MZ  3:00 Conversation Cards w/Staff  6:00 Ice Cream Social A-k  7:00 Movie Night -FP</p>
<p>10:00 Chair Exercise w/staff-MZ <b>17</b>  10:30 Hymn Sing-along-FP  12:00 <b>Organ Music w/Stan - MZ</b>  1:00 Arts &amp; Crafts w/Staff-MN  2:00 Towel Art w/Staff -MN  3:00 Ball toss w/Staff -FP  6:00 Turner Classic Movies-FP</p>	<p>10:00 Stretch n-Flex w/staff -MZ <b>18</b>  10:30 Music &amp; Motion w/staff-MZ  12:30 Board Games w/staff-MN  2:00 Aromatherapy w/staff -MN  6:00 Coloring Madness-MN</p>	<p>10:00 Move to the Music w/Debby - MZ <b>19</b>  12:30 Walking Club w/Staff  2:00 Up-Beat Drumming w/Debby  3:00 Manicures w/Staff -MN  6:00 Bean Bag Toss w/Staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>20</b>  12:30 Current Events w/staff  2:00 Color Calm Halloween w/Debby-MN  3:00 Bingo Madness w/staff  6:00 Hallmark Movie Night w/staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>21</b>  12:30 Let's Golf w/Staff-MN  2:00 Crafting Creations w/Debby - MN  <b>3:00 Happy Birthday Evelyn Lawrence</b>  6:00 Sing-a-long w/staff</p>	<p><b>22</b>  9:00 Joy Ride w/Staff - MB Lobby  10:00 Move to the Music/Debby - MZ  12:30 Water Balloon Toss w/staff-V  <b>3:00 Resident's Birthday Party-A-K</b>  6:00 Pick your movie night w/staff</p>	<p><b>23</b>  10:00 Music &amp; Motion w/staff  12:30 Painting with at Twist w/Staff-MN  2:00 Ball Toss w/Staff-MZ  3:00 Conversation Cards w/Staff  6:00 Ice Cream Social A-K  7:00 Movie Night-FP</p>
<p>10:00 Chair Exercise w/Staff-MZ <b>24</b>  10:30 Hymn Sing-along-FP  12:00 <b>Organ Music w/Stan-MZ</b>  1:00 Arts &amp; Crafts w/Staff-MN  2:00 Towel Art w/staff-MN  <b>3:00 Happy Birthday Biddy Bennett</b>  6:00 Turner classic Movies-FP</p>	<p>10:30 Music &amp; Motion w/staff-MZ <b>25</b>  12:30 Board Games w/staff-MN  2:00 Aromatherapy w/staff -MN  <b>3:00 Happy Birthday Estelle Drapeau</b>  6:00 Coloring Madness -Mn</p>	<p>10:00 Move to the Music w/Debby - MZ <b>26</b>  12:30 Walking Club w/Staff  2:00 Cookie Decorating w/Debby-A-K  <b>3:00 Happy Birthday Susan Rossi</b>  6:00 Bean Bag Toss w/Staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>27</b>  12:30 Current Events w/staff  2:00 Crafting Creations w/Debby-MN  3:00 Bingo Madness w/staff  6:00 Hallmark Movie Night w/Staff</p>	<p>10:00 Move to the Music w/Debby - MZ <b>28</b>  2:00 Spooky Treats w/Debby-A-K  3:00 Noodle Ball w/Staff-MN  6:00 Sing-a-long w/staff</p>	<p><b>29</b>  9:00 Joy Ride w/Staff - MB Lobby  10:00 Move to the Music/Debby - MZ  12:30 Music Circle w/staff -MZ  <b>3:00 Boo Halloween Party-A-k</b>  6:00 Pick your movie with staff</p>	<p><b>30</b>  10:00 Music &amp; Motion w/Staff  12:30 Painting with a twist w/staff-MN  2:00 Ball Toss w/Staff-MZ  3:00 Conversation Cards w/staff  6:00 Ice Cream Social A-K</p>
<p>10:00 Chair Exercise w/Staff-MZ <b>31</b>  10:30 Hymn Sing-along -FP  12:00 <b>Organ Music w/stan-MZ</b>  1:00 Arts &amp; Crafts w/Staff-MN  <b>3:00 Happy Birthday Ken Newcomb</b>  6:00 Turner Classic Movies-FP</p>	<p><b>Resident Of The Month Evelyn Lawrence !</b></p>					