## Discovery Commons At Bradenton ASSISTED LIVING & MEMORY CARE

## January 2021

A House
B House
Outing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY NEW YEAR 2021		3.13A	TAKE A NEW JOBN OTHERS GYM  TRIP JOBN OTHERS GYM  SAVE LOSE QUIT GIVE MONEY WEIGHT SMOKING GIFTS  GET DRINK FIND ENJOY LIFE	All programs are subject to change due to residents' choice and weather! Please ALWAYS feel free to join in on the fun. Join a program or volunteer to facilitate a program! If you are interested, please let any of our Celebrations staff know.	New Year's Day  12:00 Happy New Year!!! Welcome 2021!  1:30 Bus Ride (AL/MC) 3:00 New Year's Superstitions 4:00 New Year Celebrations Around the World 5:30 New Year's Movie & Snacks 6:00 New Year's Movie Movie & Popcorn	11:00 Coffee & Conversation 1:30 Hot Tea Social 2:30 Finish that Phrase 3:30 BINGO! (AL/MC) 6:00 Residents' Choice Movie 6:00 Residents' Choice Movie
10:00 CBS Sunday Morning Channel 10 11:00 Sunday Church Services Channel 24 1:30 Puzzles & Checker Matches 2:30 Wheel of Fortune 4:00 Video Calls with Family	10:30 Ball Exercises 11:30 New Year Resolutions 1:00 Today in History 2:00 Music Appreciation 3:00 Relaxation Guided Meditation 4:00 Movin' to the Music with Sonia 6:00 BINGO! (AL/MC)	10:30 Morning Walk 11:30 Interesting Facts! 1:00 Armchair Travel 2:30 Laughter is the Best Medicine 4:30 I Spy 6:00 Dance Class with Kenzie (AL/MC)	10:30 Ball Exercises 11:30 Food Trivia 1:30 Mystery Bus Ride (MC) 4:00 Book Club with Sonia 6:00 Word in a Word 7:00 Arts & Crafts	10:30 Outdoor Stroll 11:30 Current Events Chat	Elvis' Birthday  10:30 Outdoor Stroll  11:30 Important Events in History Discussion  1:30 Bus Ride (AL/MC)  3:00 Elvis Trivia  4:00 Tell Us a Joke!  5:30 Elvis Movie & Popcorn  6:00 Elvis Movie & Popcorn	11:00 Coffee & Conversation 1:30
10:00 CBS Sunday Morning Channel 10  1:30 Puzzles & Checker Matches  2:30 Wheel of Fortune 4:00 Video Calls with Family	11 10:30 Ball Exercises 11:30 Music Nostalgia 1:30 Chicken Soup for the Soul 2:30 Puzzles & Cards 3:00 Relaxation Guided Meditation 4:00 Gentle Stretches with Sonia 6:00 BINGO! (AL/MC)	10:30 Outdoor Stroll 11:30 All About Health 2:00 Relaxation Guided Meditation 3:30 Root Beer Float Social 4:00 Jewelry Making 6:00 Dance Class with Kenzie (AL/MC)	<del></del>	3:30 Community Live Music	15 10:30 Outdoor Stroll 11:30 Brain Games 1:30 Bus Ride (AL/MC) 3:30 Relaxation Guided Meditation 5:30 Friday Night Movie & Popcorn 6:00 Friday Night Movie & Popcorn	11:00 Coffee & Conversation 1:30 Afternoon Walk 2:30 Finish that Phrase 3:30 BINGO! (AL/MC) 6:00 Residents' Choice Movie 6:00 Residents' Choice Movie
17 10:00 CBS Sunday Morning Channel 10 1:30 Puzzles & Checker Matches 2:30 Wheel of Fortune 4:00 Video Calls with Family	Martin Luther King Jr. Day  10:30 Ball Exercises  11:30 The Life of Martin Luther King Jr.  2:00 Music Appreciation  3:00 Relaxation Guided Meditation  4:00 Movin' to the Music with Sonia  6:00 BINGO! (AL/MC)	10.30 Outdoor Stroll 11:30 Interesting Facts! 1:00 Armchair Travel 2:30 Laughter is the Best Medicine 4:30 I Spy 6:00 Dance Class with Kenzie (AL/MC)	10:30 Sall Exercises	10:30 Outdoor Stroll 11:30 Current Events Chat 1:30 Finish that Phrase 3:30 Community Live Music Social Hour 6:00 BINGO!	10:30 Outdoor Stroll 1:30 Bus Ride (AL/MC) 5:30 Friday Night Movie & Popcorn 6:00 Friday Night Movie & Popcorn	11:00 Coffee & Conversation 1:30 Afternoon Walk 2:30 States & Capitals 3:30 BINGO! (AL/MC) 6:00 Residents' Choice Movie 6:00 Residents' Choice Movie
10:00 CBS Sunday Morning Channel 10  1:30 Puzzles & Checker Matches 2:30 Wheel of Fortune 4:00 Video Calls with Family  31  10:00 CBS Sunday Morning Channel 10 1:30 Puzzles & Checker Matches 2:30 Wheel of Fortune 4:00 Video Calls with Family	Happy Birthday, Afraya! 25  10:30 Ball Exercises  11:30 Music Nostalgia  1:30 Chicken Soup for the Soul  2:30 Puzzles & Cards  3:00 Relaxation Guided Meditation  4:00 Bible Study  4:00 Gentle Stretches with Sonia  6:00 BINGO! (AL/MC)	10:30 Outdoor Stroll 11:30 Group Walk 2:00 Relaxation Guided Meditation 3:00 Family Video Chats 4:00 Ball Games 6:00 Dance Class with Kenzie (AL/MC)	10:30 Ball Exercises	10:30 Outdoor Stroll 11:30 Trivia Time!	Happy Birthday, Dale! 29 10:30 Outdoor Stroll 1:30 Bus Ride (AL/MC) 5:30 Friday Night Movie & Popcorn 6:00 Friday Night Movie & Popcorn	30 11:00 Coffee & Conversation 1:30